



501c3 Vendor Neutral  
Nonprofit

# Ostomy101.com



## Answers & Support

### Tools & Resources for LIVING Successfully with an Ostomy

2022 Free, Virtual

#### NEW PATIENT CLASSES

Jan 8, Feb 12, Mar 12, Apr 9, May 14, Jun 11, July 9,  
Aug 6, Sept 10, Oct 8, Nov 12, Dec 10

9:30 a.m. - 11:00 a.m.

Ostomy lifestyle classes facilitated by  
a person living with an ostomy & an ostomy nurse.

Learn more & Join Classes at

## Ostomy101.com

or on the ostomy101 mobile app

- Patient Classes
- Virtual Events
- Videos
- Product
- Information
- Free Samples
- Coupons
- Resources
- Support



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